



sproutlings

PEDIATRIC DAY CARE & PRESCHOOL

MASONIC COMMUNITIES

Located in Kosair Charities Center on Masonic Communities' Louisville Campus
3800 Tom Larimore Lane • Masonic Home, KY 40041
P: 502.753.8222 • TF: 866.764.6631 • F: 502.753.8223
SproutlingsDayCare.com

Welcome to the Frogs Class



Meet Lead Teacher Dawn Avery



Ms. Dee Dee has over 20 years of child care experience. Children are her passion and she feels very blessed to be part of the Sproutlings teaching staff. Ms. Dee Dee enjoys spending time with family and friends, traveling, interior decorating and relaxing with her son and dog.

Connect with classroom staff

You are invited to connect with your classroom staff at anytime. Each day, you'll receive a report of the day's activities. Plus, twice per year, you'll be invited to a one-on-one conference with your lead teacher to discuss your child's development and progress.

Please let us know anytime you have a question, concern or suggestion.

Ms. Dawn Avery
Frogs Lead Teacher
502.753.8222
davery@mhky.com

Amber Zambrano
Sproutlings Day Care & Preschool Executive Director
502.753.8222
azambrano@sproutlingsdaycare.com

Ms. Dawn



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Frogs - Growing and Learning

Learning through routine activities

Caring for infants requires individualized routines and schedules based upon the needs of each child. Typically, the younger the child, the more flexible the schedule must be. Caregivers must also be responsive to the child's biological rhythms and interest.



Routines your child may experience throughout the day are:

- hellos and good-byes
- diapering and toileting
- eating and meal time
- sleeping and nap time
- dressing
- playing with toys
- imitating and pretending
- enjoying stories and books
- enjoying music and movement
- creating art
- enjoying and exploring the outdoors

Characteristics of an appropriate schedule may include:

- flexible and adaptable and is changed to meet the individual needs of the child
- unhurried, allowing the child to enjoy daily routine experiences
- allows sufficient time for routines, play and transitions
- balances active and quiet times
- allows children to play alone, with supervision
- allows children to experience small groups of 2-3 children
- allows children in full-day programs to go outside twice a day



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Frogs Class Schedule



6:30 – 8:15 a.m.	Free play in centers
8:15 – 8:45 a.m.	Breakfast
8:45 – 9 a.m.	Transition time (prepare for walk, diaper check, hats)
9 – 9:30 a.m.	Buggy ride (weather permitting)
9:30 – 10 a.m.	Art space / playground
10 – 10:30 a.m.	Play in centers / circle time / diaper check
10:30 – 11 a.m.	Indoor play space / small group activity
11:00 – 11:15 a.m.	Transition time (prepare for lunch / cots)
11:15 – 11:45 a.m.	Lunch
11:45 a.m. – 1:45 p.m.	Nap time
1:45 – 2:10 p.m.	Free play in centers / diaper check
2:10 – 2:30 p.m.	Snack #1 / story time
2:30 – 3:30 p.m.	Visit residents / buggy ride / playground (weather permitting)
3:30 – 4:10 p.m.	Small group activity / story time / diaper check
4:10 – 4:30 p.m.	Snack #2
4:30 – 5:30 p.m.	Small group activity / indoor play space
5:30 – 6:30 p.m.	Free choice

Special programming

Music — Music Teacher Ms. Heidi teaches fun learning songs and music appreciation each Tuesday.

Pajama Day — The first Wednesday of each month is celebrated in our pajamas.

Water Play Day — We beat the heat during the summer months with a weekly program to explore and play in water.



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Frogs First Day Checklist



To help you and your child prepare for the first day, please use the following checklist of items.

- Diapers or pull ups and wipes, if needed (these should be restocked as needed)
- Diaper ointment and Diaper Ointment Waiver, if needed
- Extra clothes (labeled), including socks
- A blanket and stuffed animal, or lovey, for naptime (labeled)
- Sunscreen for reapplication throughout the day (labeled) and Sunscreen Waiver Form
- Medication and Medication Permission Form, if needed
All medications must be in original packaging with original prescription label on container.
- Medical equipment, if needed (i.e. suction machine, nebulizer, trach/G tube supplies, syringes, O2, AFOs, walker, stander)
- Check-in/check-out user ID and password and access swipe cards (will be provided on first day)
- Current Immunization Certificate
- Signed Parent Agreement
- Completed Enrollment Form
- Completed Payment Plan Form
- Third Party Therapy Session Permission Form, if needed
- Physician's notification of food allergies, if needed
- Animal consent form
- Family photo