



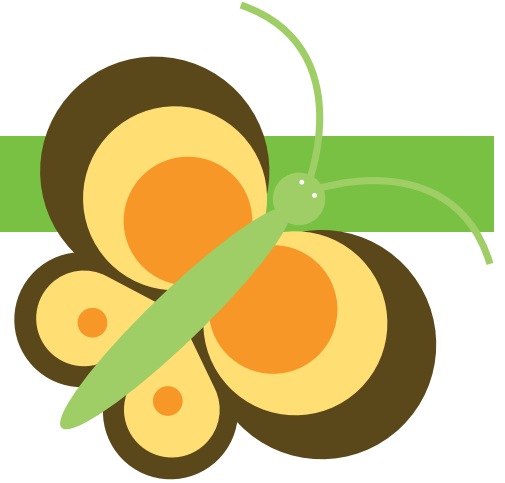
# sproutlings

PEDIATRIC DAY CARE & PRESCHOOL

MASONIC COMMUNITIES

Located in Kosair Charities Center on Masonic Communities' Louisville Campus  
3800 Tom Larimore Lane • Masonic Home, KY 40041  
P: 502.753.8222 • TF: 866.764.6631 • F: 502.753.8223  
[SproutlingsDayCare.com](http://SproutlingsDayCare.com)

## Welcome to the Butterflies Class



### Meet Lead Teacher Jessica Nalley



**Ms. Jessica**

Ms. Jess has worked in childcare for nine years, six of them working with infants. She loves her Sproutlings family and believes that she works with the greatest kids and most caring teachers and nurses. She enjoys working in partnership with families to help her infant students develop and thrive. At home, she loves spending time with her husband and two sons, and being outdoors.

### Connect with classroom staff

You are invited to connect with your classroom staff at anytime. Each day, you'll receive a report of the day's activities. Plus, twice per year, you'll be invited to a one-on-one conference with your lead teacher to discuss your child's development and progress.

Please let us know anytime you have a question, concern or suggestion.

#### **Ms. Jessica Nalley**

Butterflies Lead Teacher  
502.753.8222  
[jnalley@mhky.com](mailto:jnalley@mhky.com)

#### **Amber Zambrano**

Sproutlings Day Care & Preschool Executive Director  
502.753.8222  
[azambrano@sproutlingsdaycare.com](mailto:azambrano@sproutlingsdaycare.com)



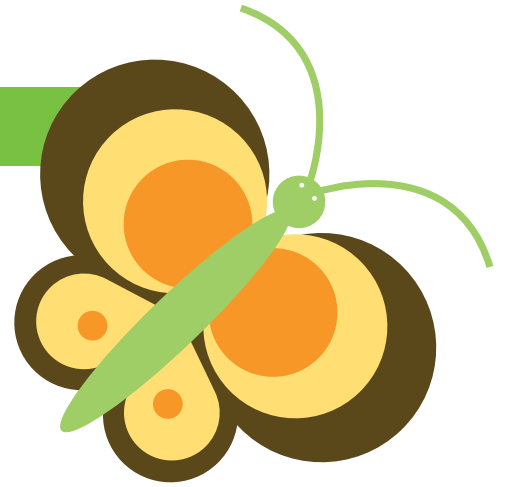
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## Butterflies - Growing and Learning



### Learning through routine activities

Caring for infants requires individualized routines and schedules based upon the needs of each child. Typically, the younger the child, the more flexible the schedule must be. Caregivers must also be responsive to the child's biological rhythms and interest.

#### **Routines your child may experience throughout the day are:**

- hellos and good-byes
- diapering and toileting
- eating and meal time
- sleeping and nap time
- dressing
- playing with toys
- imitating and pretending
- enjoying stories and books
- enjoying music and movement
- creating art
- enjoying and exploring the outdoors

#### **Characteristics of an appropriate schedule may include:**

- flexible and adaptable and is changed to meet the individual needs of the child
- unhurried, allowing the child to enjoy daily routine experiences
- allows sufficient time for routines, play and transitions
- balances active and quiet times
- allows children to play alone, with supervision
- allows children to experience small groups of 2-3 children
- allows children in full-day programs to go outside twice a day



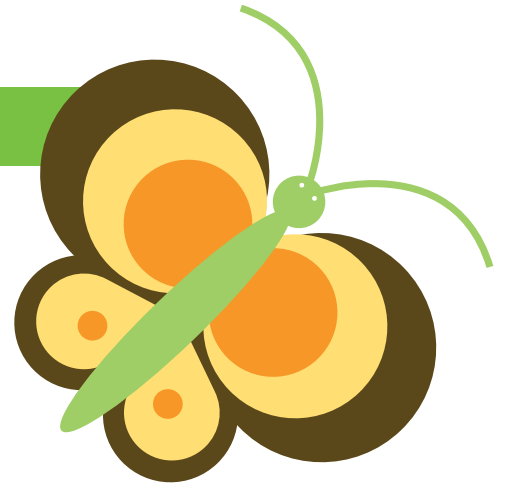
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## Butterflies Class Schedule



6:30 – 8 a.m.	Free play in centers
8 – 8:30 a.m.	Breakfast
8:30 – 9 a.m.	Free play in learning centers
9 – 9:30 a.m.	Circle time
9:30 – 10 a.m.	Indoor play space
10 – 11 a.m.	Play in centers / small group activity
11 – 11:30 a.m.	Lunch
11:30 a.m. – 1:30 p.m.	Nap time
1:30 – 2 p.m.	Indoor play space
2 – 3 p.m.	Play in centers / story time
3 – 3:30 p.m.	Snack
3:30 – 4:30 p.m.	Play in centers / small group activity
4:30 – 6:30 p.m.	Free play in centers

## Special programming

**Music** — Music Teacher Ms. Heidi teaches fun learning songs and music appreciation each Tuesday.

**Pajama Day** — The first Wednesday of each month is celebrated in our pajamas.



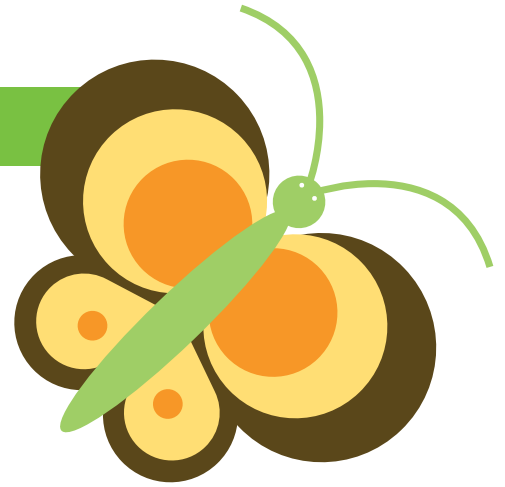
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## Butterflies First Day Checklist



**To help you and your child prepare for the first day, please use the following checklist of items.**

- Diapers or pull ups and wipes, if needed (these should be restocked as needed)
- Diaper ointment and Diaper Ointment Waiver, if needed
- Baby formula/food, if needed
- Extra clothes (labeled), including socks (infants will need several sets)
- A blanket and stuffed animal, or lovey, for naptime (labeled)
- Sunscreen for reapplication throughout the day (labeled) and Sunscreen Waiver Form
- Medication and Medication Permission Form, if needed  
All medications must be in original packaging with original prescription label on container.
- Medical equipment, if needed (i.e. suction machine, nebulizer, trach/G tube supplies, syringes, O2, AFOs, walker, stander)
- Check-in/check-out user ID and password and access swipe cards (will be provided on first day)
- Current Immunization Certificate
- Signed Parent Agreement
- Completed Enrollment Form
- Completed Payment Plan Form
- Third Party Therapy Session Permission Form, if needed
- Physician's notification of food allergies, if needed
- Animal consent form
- Family photo