



sproutlings

PEDIATRIC DAY CARE & PRESCHOOL
MASONIC COMMUNITIES

Located in Kosair Charities Center on Masonic Communities' Louisville Campus
3800 Tom Larimore Lane • Masonic Home, KY 40041
P: 502.753.8222 • TF: 866.764.6631 • F: 502.753.8223
SproutlingsDayCare.com



Welcome to the Blue Jays Class

Meet Lead Teacher Rhona Whicker



Ms. Rhona

Ms. Rhona has a bachelor's degree in Elementary Education from Indiana University. She also has a master's in Curriculum and Instruction. She has extensive experience teaching children from Pre-K through eighth grade. Ms. Rhona's favorite part about Sproutlings is teaching the children through play. Outside of work, she enjoys going to church and spending time with her family, including two grandchildren.

Connect with classroom staff

You are invited to connect with your classroom staff at anytime. Each day, you'll receive a report of the day's activities. Plus, twice per year, you'll be invited to a one-on-one conference with your lead teacher to discuss your child's development and progress.

Please let us know anytime you have a question, concern or suggestion.

Ms. Rhona Whicker

Blue Jays Lead Teacher
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Amber Zambrano

Sproutlings Day Care & Preschool Executive Director
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Blue Jays - Growing and Learning

Learning through routine activities

Caring for infants requires individualized routines and schedules based upon the needs of each child. Typically, the younger the child, the more flexible the schedule must be. Caregivers must also be responsive to the child's biological rhythms and interest.



Routines your child may experience throughout the day are:

- hellos and good-byes
- diapering and toileting
- eating and meal time
- sleeping and nap time
- dressing
- playing with toys
- imitating and pretending
- enjoying stories and books
- enjoying music and movement
- creating art
- enjoying and exploring the outdoors

Characteristics of an appropriate schedule may include:

- flexible and adaptable and is changed to meet the individual needs of the child
- unhurried, allowing the child to enjoy daily routine experiences
- allows sufficient time for routines, play and transitions
- balances active and quiet times
- allows children to play alone, with supervision
- allows children to experience small groups of 2-3 children
- allows children in full-day programs to go outside twice a day



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Blue Jays Class Schedule



6:30 – 8:00 a.m.	Arrival & indoor play space
8:00 – 8:30 a.m.	Breakfast
8:30 – 9:30 a.m.	Small playground/Art activity
9:30 – 10 a.m.	Circle time
10 – 10:30 a.m.	Art space
10 – 10:30 a.m.	Buggy ride (weather permitting)
11 – 11:30 a.m.	Lunch
11:30 – 1:30 a.m.	Nap time
1:30 – 2 p.m.	Free play in centers
2 – 2:30 p.m.	Snack #1
2:20 – 3 p.m.	Art space or playground
3 – 3:30 p.m.	Playground
3:30 – 4 p.m.	Indoor play space
4 – 4:20 p.m.	Snack #2
4:20 – 6:30 p.m.	Activities vary

Special programming

Music — Music Teacher Ms. Heidi teaches fun learning songs and music appreciation each Tuesday.

Language — Ms. Valeria teaches Spanish every other Thursday.

Pajama Day — The first Wednesday of each month is celebrated in our pajamas.

Water Play Day — We beat the heat during the summer months with a weekly program to explore and play in water.

Stretch-N-Grow — Coach Stephanie leads a fun exercise class for the kids.



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Blue Jays First Day Checklist



To help you and your child prepare for the first day, please use the following checklist of items.

- Diapers or pull ups and wipes, if needed (these should be restocked as needed)
- Diaper ointment and Diaper Ointment Waiver, if needed
- Extra clothes (labeled), including socks
- A blanket and stuffed animal, or lovey, for naptime (labeled)
- Sunscreen for reapplication throughout the day (labeled) and Sunscreen Waiver Form
- Medication and Medication Permission Form, if needed
All medications must be in original packaging with original prescription label on container.
- Medical equipment, if needed (i.e. suction machine, nebulizer, trach/G tube supplies, syringes, O2, AFOs, walker, stander)
- Check-in/check-out user ID and password and access swipe cards (will be provided on first day)
- Current Immunization Certificate
- Signed Parent Agreement
- Completed Enrollment Form
- Completed Payment Plan Form
- Third Party Therapy Session Permission Form, if needed
- Physician's notification of food allergies, if needed
- Animal consent form
- Family photo